

JAY DUKE

Equestrian

Clinics & Course Design



If you're looking to build a stronger connection with your horse, Jay Duke can help!



Jay Duke visited Calgary, Alberta, Canada to conduct a clinic with the riders of Ridge View Equestrian and Bow Canyon Equestrian. The two barns offer hunter/jumper training, lessons, and competition opportunities to riders that span the levels. Jay's focus during the two-day clinic was to help each and every rider learn how to develop a connection with their horse that would allow them to be successful in their chosen discipline.

What Jay Had To Say



"Overall, I could not have planned for this clinic to go any better than it did!

During day one, I utilized an exercise called 'One Stride Shift' from my [Virtual Lesson Subscription Program](#) to help the riders perfect straightness in their horses.

On the second day, they jumped my 'Break It Down' exercise, which teaches riders how to ride each part of a course independently and helps them to focus on each test that's presented throughout a course.

By the end, I saw straight and willing horses with focused riders on their backs. Together, they were nailing every detail of the course.

~ Jay Duke

What They Had To Say

"This was the first time I participated in a clinic. It was educational, fascinating, exhausting, fun, and eye-opening.

Thank you to Jay Duke for your knowledge and the beautiful way you share it."

~ Gira Berenstein
Ridge View Equestrian Rider



Winter & Spring clinic dates now available!

Jay has extensive first-hand knowledge of the jumping discipline and is available for clinics throughout North America. A range of packages are available, from single to four-day sessions, featuring training that draws on three decades of experience. Each clinic includes a sampling of Jay's extensive library of flat, gymnastic, and jumping exercises.



[More Information on Booking your Jay Duke Clinic](#)

Jay Duke Equestrian's Virtual Lesson Subscription Program is the next best thing to a Jay Duke clinic, and you can subscribe for just \$8 per lesson!

- Subscribers pay \$33 per month for a year-long subscription, which works out to be... yes, you guessed it: \$8 per weekly lesson!
- What you get: One lesson per week delivered directly to your e-mail ready to travel straight to the ring with you.
- Additionally, subscribers gain access to Jay's extensive library of exercises and tips, as well as guest lessons from contributing horse sport professionals at varying levels. In May, subscribers received a lesson from reigning FEI World Cup champion Beezie Madden!
- **Bonus Benefits:** Phone and video support from Jay Duke, including horse evaluations, lesson questions, etc.

Click below to see what recent subscribers received!

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TOP FORM GYMNASTIC

Difficulty: Intermediate

KEY POINTS

Notes:
None

Make:
None

LESSONS

Jump Height Variable

Intermediate: Fences #1 and #2 0.7m Fence #3 1.0m/1.20m

Advanced: Fences #1 and #2 1.0m Fence #3 1.20m/1.50m

This is a wonderful exercise for working on the feel of the riding seat. Low, wide seats are excellent for helping a horse to bend the proper fences at the fence. It helps to relax the horse through the back and engage the hind end. The gaps between jumps are long to give the horse a step over and jump of the lead end.

The horses teach the horse to walk at the fence and work on the front end turn and support through the back. The bending line adds to the suppleness of the horse!

Also set the up mirror image or reverse it. Ensure the distances are altered when flipping direction.

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A portion of all proceeds are donated to JustWorld International and Uryadi's Village.



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